

## Local towns and City guide

Here is a guide to local major towns, villages and the City of Truro to give you an idea of what to expect should you decide to visit.

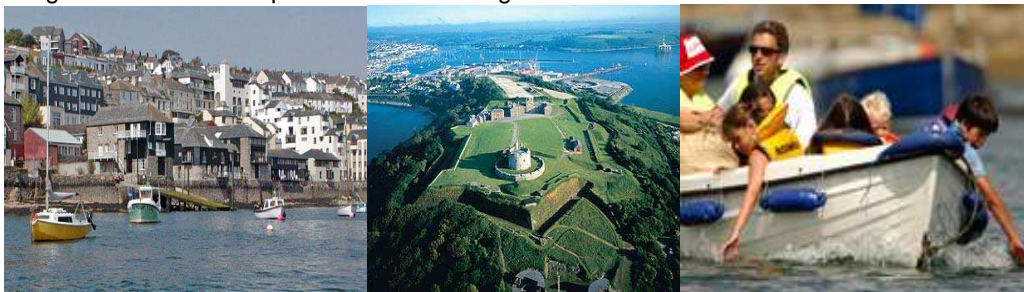
### Truro

The 'Capital' of Cornwall, this cathedral city is a beautifully laid out historic Market Town built alongside a river. Full of richness and diversity, it has wonderful combinations of modern businesses, bistros with outdoor dining, quirky and nationally known shopping, regular markets, as well as a museum, art gallery, theatre and 3D cinema.



### Falmouth

A stunning harbour-side town featuring enviable blue-flag beaches, a coastline that stretches from Truro River, through the estuary to the sea, a Tudor battlement castle and a historic town centre full of Cornish stores as well as being a magnet for artists. Perfect for locally caught fish and boats trips out to sea or along the Fal River.



### Helston

This Historic Village is situated in a Valley leading down to a picturesque boating lake with adjoining fun and Skate Park. Ideal for relaxing in the sun or enjoying outdoor dining. The town itself offers a selection of shopping for all budgets as well as town museum, cinema and leisure centre.



## Penzance

This waterside town has a history steeped in pirates and smuggling! It hosts the most south-westerly train station in the UK and is a gateway to Lands End and the glorious St Michael's Mount. Its pretty marina is filled with boats and has a flat promenade and shopping centre ideal for walks. The main town travels up a hill and is a real eclectic mix of shops and cafes.



## St Ives

A long time haven for artists and sculptors, this beautiful peninsular village has expanded to a bustling town, surrounded by 4 beaches and home to one of only 3 national Tate Gallerys. St Ives has a myriad of harbour side restaurants and cafes to soak up the atmosphere, and a surfer's paradise of shops and tourist knick-knacks. Fresh fish are still bought in on a daily basis.



## Newquay

This resort town has long been associated with sun, sea, surf and fun. The incredible Watergate bay is a 'must visit' for Cornwall and the place for surf lessons. Newquay town features a Theatre, Zoo and Aquarium and plentiful shops, bars and nightlife. Surrounded by beautiful countryside, and there is a traditional steam railway nearby. Also featuring Cornwall's only commercial airport!

